

SUGGESTED USE: One capsule daily with a meal as a dietary supplement, or as directed by a health care professional.

CAUTION: Do not exceed recommended dose. St. John's Wort may contribute to photosensitivity resulting in skin irritation and redness in persons exposed to strong sunlight or tanning booths. Avoid in patients at risk of bleeding, taking anticoagulants, or with clotting disorders, based on case reports of bleeding. Discontinue use 2-3 weeks prior to some surgical and dental procedures due to increased risk of bleeding. Use cautiously in patients with history of seizure, based on reports of seizure due to *Ginkgo* seed ingestion. Use cautiously in children. Avoid use in couples who are trying to conceive, based on theoretical reduction of fertility. Pregnant or nursing mothers, children under 18, individuals taking MAO Inhibiting Drugs, or with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

30 Capsules
Dietary Supplement

+ FUEL FOR YOUR BRAIN +
BRAINIE X

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

Amount Per Serving

Ginkgo Biloba (as 24% extract)	50mg	*
Phosphatidylserine Complex	125mg	*
N-Acetyl-L Carnitine	50mg	*
St. John's Wort (as .3% extract)	250mg	*
L-Glutamine (as L-glutamine hydrochloride)	150mg	*
DMAE Bitartrate	50mg	*
Bacopa Monniera™ (20%)	100mg	*
Vinpocetine™	2mg	*
Huperzine-A (5%)	10mcg	*

*Daily Value not established.

Other Ingredients: Silica, lecithin, microcrystalline cellulose, magnesium stearate, and gelatin.
ALLERGEN WARNING: CONTAINS SOY (LECITHIN).

**KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.**